



1. STEPS CHAT SCRIPT

*****(Copy & paste block (1) 2/3 times before the meeting – until 9pm UK)***

Welcome to Newcomers International Group of AA! It's great to see you with us today. Our chat script contains different information that we believe will be useful for you in your early recovery journey!

We are here 7 Days a Week

NEWCOMERS INTERNATIONAL

Meeting Time 9:00pm UK / 4pm EST / 1pm PST / 12am AST / 8am AEDT

Zoom Meeting ID: 365 1212 111 Password: 1212

<https://zoom.us/j/3651212111?pwd=dTI4UIR1cTMvYXVyeXlFY1hqbfFWQT09>

Bookmark this link to the Zoom meeting.

Bookmark to our website:

<https://newcomersinternational.com/>

*****(Copy & Paste block (2) by 9:01 pm UK)***

2. SERENITY PRAYER

“God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.”

Preamble ©

Alcoholics Anonymous is a fellowship of people who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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*****(Copy & Paste block (3) before calling on reader)***

3. BB READING:

We are reading a portion from the big book of Alcoholic Anonymous ***Chapter4 "How It Works" Pages 58 – 60:***

Rarely have we seen a person fail who has thoroughly followed our path. Those who do not recover are people who cannot or will not completely give themselves to this simple program, usually men and women who are constitutionally incapable of being honest with themselves. There are such unfortunates. They are not at fault; they seem to have been born that way. They are naturally incapable of grasping and developing a manner of living which demands rigorous honesty. Their chances are less than average. There are those, too, who suffer from grave emotional and mental disorders, but many of them do recover if they have the capacity to be honest. Our stories disclose

in a general way what we used to be like, what happened, and what we are like now.

If you have decided, you want what we have and are willing to go to any length to get it—then you are ready to take certain steps. At some of these we balked. We thought we could find an easier, softer way. But we could not. With all the earnestness at our command, we beg of you to be fearless and thorough from the very start. Some of us have tried to hold on to our old ideas and the result was nil until we let go absolutely. Remember that we deal with alcohol—cunning, baffling, powerful! Without help it is too much for us. But there is One who has all power—that One is God. May you find Him now!

Half measures availed us nothing. We stood at the turning point. We asked His protection and care with complete abandon. Here are the steps we took, which are suggested as a program of recovery:

1. We admitted we were powerless over alcohol— that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

Many of us exclaimed, “What an order! I can’t go through with it.” Do not be discouraged. No one among us has been able to maintain anything like perfect adherence to these principles. We are not saints. The point is, that we are willing to grow along spiritual lines. The principles we have set down are guides to progress. We claim spiritual progress rather than spiritual perfection. Our description of the alcoholic, the chapter to the agnostic, and our personal adventures before and after make clear three pertinent ideas:

- (a) That we were alcoholic and could not manage our own lives.
- (b) That probably no human power could have relieved our alcoholism.
- (c) That God could and would if He were sought.

*****(Copy & Paste block (4) during Chair introduction)***

4. MEETING FORMAT

This is an open meeting of Alcoholics Anonymous to support newcomers in their first 90 days of sobriety. We start with AA readings, followed by newcomers’ day count. We have different meeting formats followed by open shares first by people under 90 days, then by people with over 90 days, and close with the Serenity Prayer.

We also have a meeting after the meeting, where we continue sharing in a smaller group, and can offer support for people who are struggling or in need for a sponsor to work the steps.

SAFETY

For safety reasons, chat is limited to co-hosts only and we only call on people with video on and faces visible. Our security team are working to keep you safe, so please chat only to the meeting Chair, Chat Host, or Co-hosts.

ATTENDANCE VERIFICATION

Attendance Verification email will be shared later in chat. Please send a request to the email address we provide later and allow us around 48 hours to reply back.

*****(Copy & Paste block (5) before newcomers day count)***

5. NEWCOMER DAY COUNT

Newcomers in your first 90 days... Raise your electronic hands and let's welcome you! Tell us your name, day count and where you are from. You are important to this group and sharing is so important in AA. This is not to embarrass you but to give you the same welcome we all had in our early days.

*****(Copy & Paste block (6) during Newcomers day count)***

6. MEETING THEMES

We are here 7 days a week...

Mondays - Speaker Meeting
Tuesdays - Daily Reflection
Wednesdays – Speaker Meeting
Thursdays – Speaker Meeting
Fridays - 12&12, Steps & Traditions
Saturday – Topic Meeting
Sunday – Speaker Meeting

*****(Copy & Paste block (7) before Speaker Starts Sharing)***

7. LEAD SHARE

Our speaker is a shining example for how this program works. **(XXX)** is an alcoholic with over **(X)** Years of sobriety and is here today to share his experience, strength & hope about AA program of recovery.

Today's Speaker is: **XXX** From **XXX**

**** (Copy & Paste block (8) after the speaker finish his share. Don't post anything in chat while the speaker is sharing)**

8. PEOPLE WITH EXPERIENCE ABOUT THE STEP/ TRADITION

We now invite people with experience with today's step. Tell us what you understood, how did you do it & what changed? Sharing time is 2 minutes and our timekeeper will give you a 30 sec friendly reminder to wrap up.

**** (Copy & Paste block (9) during people with experience share)**

9. USEFUL LINKS

Online link to free pamphlets for beginners: <https://www.alcoholics-anonymous.org.uk/about-aa/newcomers/starter-pack>

BIG BOOK

The "Big Book" is the book, Alcoholics Anonymous. It contains a description of the disease of alcoholism, the instructions for working the 12-step program of recovery, and personal stories of people who got and stayed sober. Get a free copy here: https://www.aa.org/pages/en_US/alcoholics-anonymous

RECORDINGS LIBRARY

All our steps & traditions recordings are available on our website, please visit our website and check it out.

<https://newcomersinternational.com/resources/>

LIVING SOBER

A practical book for early sobriety. You can find the free PDF book here: https://www.aa.org/pages/en_US/living-sober-pdf-format

Everything AA (Mobile Application)

Everything AA has every resource you could need in one place, and is still growing. It includes: -**A worldwide Online Meeting Finder**. -Text and Audiobook versions of the Big Book.

Apple: <https://apps.apple.com/us/app/everything-aa/id1565768051>,

Android:

https://play.google.com/store/apps/details?id=com.bigbook3&hl=en_US

*****(Copy & Paste block (10) after people with experience share – during Chair announcements)***

10. 7th TRADITION SERVICE & SPONSORSHIP

AA 7th tradition states we are fully self-supporting through our own contributions. If you would like to contribute to help other alcoholics, please notice AA members contribution link: <http://contribution.aa.org>
All funds are used by AA General Service Organization to support alcoholics around the world achieve sobriety. Thank you in advance for your kind contributions.

The 12 steps is a spiritual program if practiced with a sponsor can grant a Newcomer a relief from Alcohol obsession & restoring a better-quality life. We urge you to find a sponsor (Temporary or permanent) and start working your steps. We can help you find a sponsor, stay for the meeting after the meeting and please just ask for help to find a sponsor here: <https://newcomersinternational.com/resources/>

Newcomers International is a Home Group and you can join and get into service. To join the group, please let us know your name, email, and telephone number either to the chat host or by email

home@newcomersinternational.com

We are accumulating a sponsorship list for newcomers. If you are open for sponsorship please share your Name, Mobile Number, and your location with our **Chat Host**. Thank you for your service in advance...

*****(Copy & Paste block (11) before people with Questions start sharing)***

11. PEOPLE WITH QUESTIONS

We now invite people with questions or needs to raise them to the speaker and gain from his experience with the steps, sharing time is for 2,3 minutes depends on the hand's que, and our timekeeper will give you a 30 sec friendly reminder to wrap up.

*****(Copy & Paste block (12) by 9:55 pm MAX)***

12. ATTENDANCE VERIFICATION

Attendance Verification email

verification@newcomersinternational.com Please send a request to the email address with the following details:

1. Name
2. Meeting Date
3. Meeting Time
4. Meeting Topic
5. Chairperson

Please allow us around 48 hours to respond.

*****(Copy & Paste block (13) during Chair closing)***

13. CLOSING

Big Book Of Alcoholic Anonymous, *9th step promises* – Chapter6 “Into Action” Page 83 – 84:

“If we are painstaking about this phase of our development, we will be amazed before we are halfway through. We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it. We will comprehend the word serenity and we will know peace. No matter how far down the scale we have gone, we will see how our experience can benefit others. That feeling of uselessness and self-pity will disappear. We will lose interest in selfish things and gain interest in our fellows. Self-seeking will slip away. Our whole attitude and outlook upon life will change. Fear of people and of economic insecurity will leave us. We will intuitively know how to handle situations which used to baffle us. We will suddenly realize that God is doing for us what we could not do for ourselves. Are these extravagant promises? We think not. They are being fulfilled among us—sometimes quickly, sometimes slowly. They will always materialize if we work for them”.

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*****(Copy & Paste block (14) for closing)***

14. THE SERENITY PRAYER

“God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.”

Remember to stay on after the serenity prayer for our MEETING AFTER THE MEETING

Please remember anonymity:

WHO you see here

WHAT you hear here

WHEN you leave here

Let it STAY here

CHAT IS OPEN TO EVERYONE 😊

*****(Copy & Paste block (15) after closing, and make sure CHAT IS OPEN)***

15. MEETING AFTER THE MEETING

Welcome to the meeting after the meeting where we will continue sharing and answer some more questions.

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