

1. CHAT SCRIPT

**(Copy & paste block (1) 2/3 times before the meeting - until 9pm UK)

Welcome to Newcomers International Group of AA! It's great to see you with us today.

Our chat script contains different information that we believe will be useful for you in your early recovery journey!

We are here 7 Days a Week

NEWCOMERS INTERNATIONAL Meeting Time 9:00pm UK / 4pm EST / 1pm PST / 12am AST / 8am AEDT Zoom Meeting ID: 365 1212 111 Password: 1212

https://zoom.us/j/3651212111?pwd=dTl4UIR1cTMyWXVyeXIFY1hqbF FWQT09

Bookmark this link to the Zoom meeting.

Bookmark to our website: https://newcomersinternational.com/

(Copy & Paste block (2**) by 9:01 pm UK)

2. THE SERENITY PRAYER

"God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference."

Preamble ©

Alcoholics Anonymous is a fellowship of people who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

3. TODAY'S READING

Our reading today is from "XXX" of the Big Book of Alcoholic Anonymous.

(Copy & paste the **selected reading from the website: <u>https://newcomersinternational.com/bb-readings/</u> - **before** the reader starts reading)

**(Copy & Paste block (4) during the Chair introduction)

4. MEETING FORMAT

This is an open meeting of Alcoholics Anonymous to support newcomers in their first 90 days of sobriety. We start with AA readings, followed by newcomers' day count. We have different meeting formats followed by open shares first by people under 90 days, then by people with over 90 days, and close with the Serenity Prayer. We also have a meeting after the meeting, where we continue sharing in a smaller group, and can offer support for people who are struggling or in need of a sponsor to work the steps.

SAFETY

For safety reasons, chat is limited to co-hosts only and we only call on people with video on and faces visible. Our security team are working to keep you safe, so please chat only to the meeting Chair, Chat Host, or Co-hosts.

ATTENDANCE VERIFICATION

Attendance Verification email will be shared later in chat. Please send a request to the email address we provide later and allow us around 48 hours to reply back.

**(Copy & Paste block (5) before Newcomers start raising their hands)

5. NEWCOMER DAY COUNT

Newcomers in your first 90 days... Raise your electronic hands and let's welcome you! Tell us your name, day count and where you are from. You are important to this group and sharing is so important in AA. This is not to embarrass you but to give you the same welcome we all had in our early days.

**(Copy & Paste block (6&7) during newcomers' day count)

6. MEETING THEMES

We are here 7 Days a Week...

Mondays - Speaker Meeting Tuesdays - Daily Reflection Wednesdays – Speaker Meeting Thursdays – Speaker Meeting Fridays - 12&12, Steps & Traditions Saturday – Topic Meeting Sunday – Speaker Meeting

7. SPEAKER

We are delighted to introduce our speaker today who is (XXX) from (XXX) to speak for **20 minutes** & share their experience, strength & hope with us.

*** (**Don't** post in chat during chair or speaker introductions)

**(Copy & Paste block (8) after Chair/ Speaker share)

8. UNDER 90 DAYS SHARES

We now invite those under 90 days to come and share with us how you are staying sober & working your program, sharing time is for 2 minutes and our timekeeper will give you a 30 sec friendly reminder to wrap up.

(Copy & Paste block (9&10**) during Newcomers shares)

9. USEFUL LINKS

Online link to free pamphlets for beginners: <u>https://www.alcoholics-anonymous.org.uk/about-aa/newcomers/starter-pack</u>

BIG BOOK

The "Big Book" is the book, Alcoholics Anonymous. It contains a description of the disease of alcoholism, the instructions for working the 12-step program of recovery, and personal stories of people who

got and stayed sober. Get a free copy here: <u>https://www.aa.org/pages/en_US/alcoholics-anonymous</u>

RECORDINGS LIBRARY

All our steps & traditions recordings are available on our website, please visit our website and check it out. <u>https://newcomersinternational.com/resources/</u>

LIVING SOBER

A practical book for early sobriety. You can find the free PDF book here: <u>https://www.aa.org/pages/en_US/living-sober-pdf-format</u>

Everything AA (Mobile Application)

Everything AA has every resource you could need in one place and is still growing. It includes: -**A worldwide Online Meeting Finder**. -Text and Audiobook versions of the Big Book.

Apple: <u>https://apps.apple.com/us/app/everything-aa/id1565768051</u>, Android: <u>https://play.google.com/store/apps/details?id=com.bigbook3&hl=en_US</u>

10. AA 7th TRADITION, SERVICE & SPONSORSHIP

AA 7th tradition states we are fully self-supporting through our own contributions. If you would like to contribute to help other alcoholics, please notice AA members contribution link: <u>http://contribution.aa.org</u> All funds are used by AA General Service Organization to support alcoholics around the world achieve sobriety. Thank you in advance for your kind contributions.

The 12 step is a spiritual program if practiced with a sponsor can grant a Newcomer a relief from Alcohol obsession & restore a better-quality life. We urge you to find a sponsor (Temporary or permanent) and start working your steps. We can help you find a sponsor, stay for the meeting after the meeting and you can find our sponsorship list here: https://newcomersinternational.com/resources/

SPONSORSHIP LIST

We are accumulating a sponsorship list for newcomers. If you are open for sponsorship please share your Name, Mobile Number, and your location with our Chat Host. Thank you for your service in advance...

HOME GROUP

Newcomers International is a Home Group and you can join and get into service. To join the group, please let us know your name, email, and telephone number either to the chat host or on email **https://home@newcomersinternational.com**

(Copy & Paste block (11**) before calling on over 90 days shares)

11. OVER 90 DAYS SHARES

We now invite those over 90 days to come back and share with our speaker and the newcomer as they have shared with you, sharing time is for 2 minutes and our timekeeper will give you a 30 sec friendly reminder to wrap up.

**(Copy & Paste block (12) when over 90 days are sharing)

12. We are here 7 Days a Week

NEWCOMERS INTERNATIONAL

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(Copy & Paste block (13**) by 9:55 pm MAX)

13. ATTENDANCE VERIFICATION

Attendance Verification email

verification@newcomersinternational.com Please send a request to the email address with the following details:

- 1. Your Name
- 2. Meeting Date
- 3. Meeting Time
- 4. Meeting Topic
- 5. Chairperson Name

Please allow us around 48 hours to respond.

**(Copy & Paste block (14) after attendance verification announcement)

14. "The Tenth Step Promises"

from the Big Book, pages 84 to 85

And we have ceased fighting anything or anyone – even alcohol. For by this time sanity will have returned. We will seldom be interested in liquor. If tempted, we recoil from it as from a hot flame. We react sanely and normally, and we will find that this has happened automatically. We will see that our new attitude toward liquor has been given us without any thought or effort on our part. It just comes! That is the miracle of it. We are not fighting it, neither are we avoiding temptation. We feel as though we had been placed in a position of neutrality – safe and protected. We have not even sworn off. Instead, the problem has been removed. It does not exist for us. We are neither cocky nor are we afraid. That is our experience. That is how we react so long as we keep in fit spiritual condition.

**(Copy & Paste block (15) before closing)

15. THE SERENITY PRAYER

"God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference."

Remember to stay on after the serenity prayer for our MEETING AFTER THE MEETING

Please remember anonymity: WHO you see here WHAT you hear here WHEN you leave here Let it STAY here

CHAT IS OPEN TO EVERYONE 🚱

**(Copy & Paste block (16) after closing, and make sure CHAT IS OPEN)

16. MEETING AFTER THE MEETING

Welcome to the meeting after the meeting where we will continue sharing and answer some more questions.

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