

# **1. CHAT SCRIPT**

\*\*(Copy & paste block (1) 2/3 times before the meeting - until 9pm UK)

Welcome to Newcomers International Group of AA! It's great to see you with us today.

Our chat script contains different information that we believe will be useful for you in your early recovery journey!

# We are here 7 Days a Week

NEWCOMERS INTERNATIONAL **Daylight Saving** Meeting Time 9:00pm UK / 5pm EST / 2pm PST / 3pm MST Zoom Meeting ID: 365 1212 111 Password: 1212

# https://zoom.us/j/3651212111?pwd=dTl4UIR1cTMyWXVyeXIFY1hqbF FWQT09

Bookmark this link to the Zoom meeting.

# Bookmark to our website: https://newcomersinternational.com/

\*\*(Copy & Paste block (**2**) by 9:01 pm UK)

# **2. SETASIDE PRAYER**

"God, today help me set aside everything I think I know about You, everything I think I know about myself, everything I think I know about others, and everything I think I know about my own recovery so I may have an open mind and a new experience with all these things" Amen



\*\*(Copy & Paste block (**3**) after the serenity prayer, and <u>SCREEN SHARE</u> both readings)

# 3. Preamble & Reading

Preamble will be screen shared

# **TODAY'S READING**

Our reading today is from (XXX), Chapter (X) Pages (XXX)

\*\*(Copy & Paste block (4) during the Chair introduction)

#### 4. MEETING FORMAT

This is an open meeting of Alcoholics Anonymous to support newcomers in their first 90 days of sobriety. We start with AA readings, followed by newcomers' day count. We have different meeting formats followed by open shares first by people under 90 days, then by people with over 90 days, and close with the Serenity Prayer. We also have a meeting after the meeting, where we continue sharing in a smaller group, and can offer support for people who are struggling or in need of a sponsor to work the steps.

#### DAYLIGHT SAVING DISCLAIMER:

Due to Daylight Saving in the USA starting SUNDAY MAR 9<sup>th</sup> to SUNDAY MAR 30<sup>th</sup>, our meeting time will change for our US members. However, our meetings are ALWAYS at 9pm UK time.



# SAFETY

For safety reasons, chat is limited to Co-Hosts and we only call on people with their video on and faces visible. Our security team are working to keep you safe, so please avoid distracting them with messages & send them to our Chat Host, or any Co-Hosts instead.

#### ATTENDANCE VERIFICATION

Attendance Verification email will be shared later in chat. Please send a request to the email address we provide later and allow us around 48 hours to reply back. **Any requests more than 2 weeks backdated will not be attended.** 

\*\*(Copy & Paste block (5) before Newcomers start raising their hands)

# 5. NEWCOMER DAY COUNT

Newcomers in your first 90 days... Raise your hand using the raise hand feature on zoom at the bottom of your page, tell us your name, day count and where you're from. Sharing is so important in AA & you are important to our group. This is not to embarrass you but to give you the same warm welcome we all had in our early days.

\*\*(Copy & Paste block (**6&7**) during newcomers' day count)

# 6. MEETING THEMES

We are here 7 Days a Week...



Mondays - Speaker Meeting Tuesdays - Daily Reflection Wednesdays – Speaker Meeting Thursdays – Speaker Meeting Fridays - 12&12, Steps & Traditions Saturday – Topic Meeting Sunday – Speaker Meeting

# 7. SPEAKER

We are delighted to introduce our speaker today who is (XXX) from (XXX) to speak for **20 minutes** & share their experience, strength & hope with us.

\*\*\* (**Don't** post in chat during chair or speaker introductions)

\*\*(Copy & Paste block (8) after Chair/ Speaker share)

# 8. UNDER 90 DAYS SHARES

We now invite those under 90 days to come and share with us how you are staying sober & working your program, sharing time is for 2 minutes and our timekeeper will give you a 30 sec friendly reminder to wrap up.

\*\*(Copy & Paste block (**9&10**) during Newcomers shares)

# 9. USEFUL LINKS

Online link to free pamphlets for beginners: <u>https://www.alcoholics-anonymous.org.uk/about-aa/newcomers/starter-pack</u>



#### **BIG BOOK**

The "Big Book" is the book, Alcoholics Anonymous. It contains a description of the disease of alcoholism, the instructions for working the 12-step program of recovery, and personal stories of people who got and stayed sober. Get a free copy here: https://www.aa.org/pages/en\_US/alcoholics-anonymous RECORDINGS LIBRARY

All our steps & traditions recordings are available on our website, please visit our website and check it out. <u>https://newcomersinternational.com/resources-main/</u>

# LIVING SOBER

A practical book for early sobriety. You can find the free PDF book here: <u>https://www.aa.org/pages/en\_US/living-sober-pdf-format</u>

# **SPONSORSHIP LIST:**

Check our Home Group Sponsorship list to find a sponsor & start working your 12 steps program of transformation & Recovery. Pick a sponsor in your time-zone to help both of you manage your time together: <u>https://newcomersinternational.com/resources-main/</u>

# **Everything AA (Mobile Application)**

Everything AA has every resource you could need in one place and is still growing. It includes: -**A worldwide Online Meeting Finder**. -Text and Audiobook versions of the Big Book.



Apple: <u>https://apps.apple.com/us/app/everything-aa/id1565768051</u>, Android: <u>https://play.google.com/store/apps/details?id=com.bigbook3&hl=en\_US</u>

# 10. AA 7<sup>th</sup> TRADITION, SERVICE & SPONSORSHIP

**AA 7<sup>th</sup> tradition** states we are fully self-supporting through our own contributions. If you would like to contribute to help other alcoholics, please notice AA members contribution link: <u>http://contribution.aa.org</u> All funds are used by AA General Service Organization to support alcoholics around the world achieve sobriety. Thank you in advance for your kind contributions.

The 12 steps are a spiritual program which can grant a Newcomer a relief from Alcohol obsession & restoring a better-quality life. We urge you to find a sponsor (Temporary or permanent) and start working your steps. We can help you if you stay for the meeting after the meeting and ask for support to find a sponsor.

# This is our group sponsorship link: <u>https://newcomersinternational.com/resources-main/</u>

Newcomers International is a **Home Group** and you can join and get into service. To join our group, download **WhatsApp** on your mobile phone & share your name, and telephone number either to our chat host or by emailing us on: <u>home@newcomersinternational.com</u>

We are accumulating a sponsorship list for newcomers. If you are a regular member & open for sponsorship please share your **Name**, **Mobile Number, sobriety date, and your location** with our **Chat Host**, and someone will contact you shortly to add you to the list. Thank you for your service in advance...



\*\*(Copy & Paste block (11) before calling on over 90 days shares)

# 11. OVER 90 DAYS SHARES

We now invite those over 90 days to come back and share with our speaker and the newcomer as they have shared with you, sharing time is for 2 minutes and our timekeeper will give you a 30 sec friendly reminder to wrap up.

\*\*(Copy & Paste block (**12**) when over 90 days are sharing)

# **12. MEETING LINK & THEMES**

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# **MEETING THEMES:**

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Thursdays – Speaker Meeting Fridays - 12&12, Steps & Traditions Saturday – Topic Meeting Sunday – Speaker Meeting

\*\*(Copy & Paste block (**13**) by 9:55 pm MAX)

# **13. ATTENDANCE VERIFICATION**

Attendance Verification email

#### verification@newcomersinternational.com

Please send a request to the email address with the following details:

- 1. Your Name
- 2. Meeting Date
- 3. Meeting Time
- 4. Meeting Topic
- 5. Chairperson Name

Please allow us around *48 hours* to respond. Any requests over **2 weeks backdated will not be attended**.

\*\*(Copy & Paste block (14) while Chair is closing & SCREEN SHARE)

# 14. CLOSING:

Our reading is from the Big Book of Alcoholic Anonymous, Chapter(6) Into Action- pages 84 to 85



\*\*(Copy & Paste block (**15**) before the meeting end)

# **15. THE SERENITY PRAYER**

"God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference."

Remember to stay on after the serenity prayer for our MEETING AFTER THE MEETING

Please remember anonymity: WHO you see here WHAT you hear here WHEN you leave here Let it STAY here

CHAT IS OPEN TO EVERYONE 🚱

\*\*(Copy & Paste block (16) after closing, and make sure CHAT IS OPEN)

# **16. MEETING AFTER THE MEETING**

Welcome to the meeting after the meeting where we will continue sharing and answer some more questions.

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